



Our Lady and St Bede Catholic Academy

PE  
Extra Curricular Programme  
2021 w/c **15th March**



# Monday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning</b> 7:45-8:15am			Dodgeball Mr Healey		
<b>Lunch</b>	Table Tennis Mr Healey  12:30pm- 1:15pm				Football Mr Woods
<b>Afterschool</b>		Netball Miss Watson			
		Football Mr Woods			
		Volleyball Mr Healey			

For all clubs meet on your allocated yard and your PE teacher will collect you



# Tuesday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning 7:45-8:15am</b>		Dodgeball Miss Lowe			
<b>Lunch</b>		Volleyball Mr Healey		Rugby Mr Woods	



For all clubs meet on your allocated yard and your PE teacher will collect you

# Wednesday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning 7:45-8:15am</b>	Dodgeball Miss Watson				
<b>Lunch</b>			Table Tennis Miss Watson	Football (BWo)	
<b>Afterschool</b>	Football Mr Healey				
	Netball Miss Watson				
	Volleyball Mr Wardman				

For all clubs meet on your allocated yard and your PE teacher will collect you



# Thursday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning 7:45-8:15am</b>				Dodgeball Mr Wardman	
<b>Lunch</b>			Rugby Mr Woods	Table Tennis Miss Watson	
<b>Afterschool</b>			Football Mr Wardman		
			Netball Mrs Lowe		
			Volleyball Mr Healey		

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# Friday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning 7:45-8:15am</b>	Dodgeball Mr Woods				
<b>Lunch</b>		Rugby Mr Woods			Table Tennis Mrs Lowe
<b>Afterschool</b>	Inter-Form competitions				



For all clubs meet on your allocated yard and your PE teacher will collect you

# PE extra-curricular

- Lunch clubs will be dependent on lunch slot. If you're in first for lunch, the club will be second half of lunch. Please be prompt to maximise time.
- PE kit - as expected in lessons



For all clubs meet on your allocated yard and your PE teacher will collect you

# Table Tennis

Lunchtime:

- Monday Year 7
  - Wednesday Year 9
  - Thursday Year 10
  - Friday Year 11
  - Images
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- Only trainers needed



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**Our Lady and St Bede Catholic Academy**

# PE Extra Curricular Programme 2021



# Monday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning</b> 7:45-8:15am			Table Tennis	5-a-side	
<b>Lunch</b>	Table Tennis (CWa)	Rugby (DHe)			Dodgeball (BWo)
	Netball (SWt)				
<b>Afterschool</b>		Netball (SWt)			
		Football (DHe)			
		Table Tennis			



# Tuesday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning 7:45-8:15am</b>		Table Tennis	5-a-side		
Lunch		Table Tennis (DHe)	Netball (RLo)	Rugby (BWo)	



# Wednesday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning 7:45-8:15am</b>	Table Tennis	5-a-side			
Lunch	Rugby (BWo)		Table Tennis (CWa)	Netball (SWt)	
Afterschool	Football (BWo)				
	Netball (SWt)				
	Table Tennis (CWa/DHe)				



# Thursday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning 7:45-8:15am</b>	5-a-side			Table Tennis	
Lunch		Netball (Swf)	Rugby (CWa)	Table Tennis (RLo)	
Afterschool			Football (CWa)		
			Netball (RLo)		
			Table Tennis (DHe)		



# Friday

	Year 7	Year 8	Year 9	Year 10	Year 11
<b>Morning 7:45-8:15am</b>					
	Table Tennis				5-a-side
Lunch				Football (BWo)	Dodgeball (DHe)
					(Table Tennis) (SWt/RLo)
Afterschool	Inter-Form competitions.				

